

Martial Arts - Tae Kwon-Do - Self Defence - Kickboxing Training - For Men, Women & Children

Thank you for your interest in our Tae Kwon-Do classes, in your area.

I would like to take this opportunity to personally invite you to **2 Weeks of FREE Taster Lessons** at your local TAGB Tae Kwon-Do School.

Along with this invite is a first lesson questionnaire, which I would like you complete and bring with you to your first lesson. Your local classes are shown on the second page, along with a guide to age ranges.

During your 2 Weeks of FREE taster lessons, you will be given an enrolment pack containing all the relevant information required to join, including details of cost, equipment required and application forms. Please note at no time are you obliged to join.

If during your FREE taster lessons you have any questions please do not hesitate to ask any of the Instructors

For your FREE taster lessons you will need to wear, tracksuit / jogging bottoms and T-shirt / sweat shirt please bring with you a drink in a sealable / sports bottle and the completed First Lesson Questionnaire.

I look forward to seeing you soon.

Yours in Tae Kwon-Do



Martyn Dipper
6th Degree Black Belt (Master)
Senior TAGB Tae Kwon-Do Instructor
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Email: instructor@self-defence.org.uk

FREE TRAINING VOUCHER

Martial Arts - Tae Kwon-Do - Self Defence - Kickboxing Training - For Men, Women & Children

Your Local TAGB Tae Kwon-Do Schools are:

Training Town / Venue:

Training Times & Age Ranges:

CALNE

Marden Vale CE Academy
(formerly St Dunstan School)
William Street, Calne
Wiltshire SN11 9BD

Tuesdays 5.30-6.30pm
Tuesdays 6.30-7.30pm

Juniors 4 – 7 years
Adults, Teens &
Juniors (8 years plus)

Calne Leisure Centre
White Horse Way, Calne
Wiltshire SN11 0SP

Fridays 6.00-7.00pm
Fridays 7.00-8.00pm

Juniors 5 -10 years
Adults & Teens
(11 years plus)

DIDCOT (additional classes available in Wantage, see below)

Fleet Meadow Community Hall
Sandringham Road, Didcot
Oxfordshire OX11 8TP

Tuesdays 5.30-6.30pm
Tuesdays 6.30-7.30pm

Sundays 7.00-8.00pm

Juniors 5 - 8 years
Adults, Teens &
Juniors 9 years plus
Adults, Teens &
Juniors 6 years plus

NEWBURY (additional classes available in Thatcham, see below)

Northcroft Leisure Centre
Northcroft Lane, Newbury
Berkshire RG14 1RS

Mondays 6.00-7.00pm

Juniors 4 - 10 years

Trinity School Sports Centre
Love Lane, Newbury
Berkshire RG14 2DU

Mondays 7.30-9.00pm

Adults, Teens &
Juniors 10 years plus

SWINDON EAST

New College Sports Centre
New College Drive, Swindon
Wiltshire SN3 1AH

Wednesdays 5.00-6.00pm
Wednesdays 6.00-7.00pm

Juniors 4 - 7 years
Adults, Teens &
Juniors 8 years plus

THATCHAM (additional classes available in Newbury, see above)

Francis Baily School
Skillman Drive, Thatcham
Berkshire RG19 4GG

Thursdays 6.30-7.30pm
Thursdays 7.30-8.30pm

Juniors 4 - 10 years
Adults, Teens &
Juniors 10 years plus

WANTAGE (additional classes available in Didcot, see above)

Wantage Leisure Centre
Portway, Wantage
Oxfordshire OX12 9BY

Wednesdays 8.30-9.30pm
Sundays 5.30-6.30pm

Adults & Teens
Adults, Teens &
Juniors 4 years plus

Notes: These classes are suitable for beginners and existing Tae Kwon-Do students. Age ranges are as indicated; please speak to the instructor if you have any problems.

We do not train on Bank Holidays or between Christmas and New Year.

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FIRST LESSON QUESTIONNAIRE:

Thank you for taking an interest in your local TAGB Tae Kwon-Do School.
Before you take part in any lesson you **MUST** complete this basic questionnaire **FULLY** and hand in to the school instructor at your first FREE lesson.

Students Full Name	
Date of Birth	
Full Postal Address	
Postcode	
Telephone Number	
Email Address	
How did you hear about our TAGB Tae Kwon-Do Schools? (If a friend, please state their name)	
Have you done any martial art training before? If yes please give details	
Is there any known medical reason why you should not take part in a Tae Kwon-Do lesson or that we should be aware of?	
<p>Do you suffer from any of the following? HEART DISORDER / ASTHMA / MIGRAINE / EPILEPSY / DIABETES / NERVOUS DISORDER / HAEMOPHILIA / HAY FEVER / Any others.....</p> <p>If YES please give details:</p>	
Signed	Date of first FREE lesson
Parents to sign if student under 16 years of age	

FREE TRAINING VOUCHER