

Martial Arts - Tae Kwon-Do - Self Defence - Kickboxing Training - For Men, Women & Children

**Thank you for your interest in Tae Kwon-Do classes, in the Swindon area.**

I would like to take this opportunity to personally invite you to **2 FREE Taster Lessons** at your local TAGB Tae Kwon-Do School.

Along with this invite is a first lesson questionnaire, which I would like you complete and bring with you to your first lesson.

During your two FREE taster lessons, you will be given an enrolment pack containing all the relevant information required to join, including details of cost, equipment required and application forms. Please note at no time are you obliged to join.

If during your FREE taster lessons you have any questions please do not hesitate to ask any of the Instructors

For your FREE taster lessons you will need to wear, tracksuit/jogging bottoms and tee shirt/sweat shirt please bring with you a drink in a sealable/sports bottle and the completed First Lesson Questionnaire.

I look forward to seeing you soon.

Yours in Tae Kwon-Do

*Brett Rowlinson*

Brett Rowlinson 4<sup>th</sup> Dan  
TAGB Tae Kwon-Do Instructor  
Tel: 0800 1955 640

**Your Local TAGB Tae Kwon-Do School is Swindon West**

Training Venue:	Training Times:
<b>Haydon Wick Community Leisure Centre</b> Thames Avenue, Haydon Wick, Swindon Wiltshire SN25 1QQ	6.30-7.30pm Wednesdays Juniors 7.30-8.30pm Wednesdays Adults
<b>The Link Centre</b> White Hill Way, Westlea, Swindon Wiltshire SN5 7DL	4.30-5.30pm Saturdays Adults & Juniors

**Notes:** These classes are suitable for beginners and existing Tae Kwon-Do students. Alternative class are held in Swindon under Swindon East, please check the website for further details

**FREE TRAINING VOUCHER**

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### FIRST LESSON QUESTIONNAIRE:

Thank you for taking an interest in the Swindon East TAGB Tae Kwon-Do School.  
Before you take part in any lesson you **MUST** complete this basic questionnaire **FULLY**  
and hand in to the school instructor at your first FREE lesson.

Students Full Name	
Date of Birth	
Full Address including postcode	
Telephone Number	
Email Address	
How did you hear about our TAGB Tae Kwon-Do School?	
Have you done any martial art training before? If yes please give details	
Is there any known medical reason why you should not take part in a Tae Kwon-Do lesson?	
<p>Do you suffer from any of the following? HEART DISORDER / ASTHMA / MIGRAINE / EPILEPSY / DIABETES / NERVOUS DISORDER / HAEMOPHILIA / HAY FEVER / Any others.....</p> <p>If YES please give details:</p>	
Signed	Date of first FREE lesson
Parents to sign if student under 16 years of age	

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