Martial Arts - Tae Kwon-Do - Self Defence - Kickboxing Training - For Men Women & Children

Thank you for your interest in Tae Kwon-Do classes, in the Frome area.

I would like to take this opportunity to personally invite you to **2 FREE Taster Lessons** at your local TAGB Tae Kwon-Do School.

Along with this invite is a first lesson questionnaire, which I would like you complete and bring with you to your first lesson.

During your two FREE taster lessons, you will be given an enrolment pack containing all the relevant information required to join, including details of cost, equipment required and application forms. Please note at no time are you obliged to join.

If during your FREE taster lessons you have any questions please do not hesitate to ask any of the Instructors

For your FREE taster lessons you will need to wear, tracksuit/jogging bottoms and tee shirt/sweat shirt please bring with you a drink in a sealable/sports bottle and the completed First Lesson Questionnaire.

I look forward to seeing you soon.

Yours in Tae Kwon-Do

Andrew Tombling 5<sup>th</sup> Dan

Senior Instructor TAGB Tae Kwon-Do

Tel: 07971 448004



Your Local TAGB Tae Kwon-Do School is	Frome
Training Venue:	Frome Leisure Centre Princess Anne Road Frome Somerset BA11 2SA
Training Times	Juniors 6.00pm - Mondays & 5.30pm - Wednesdays Seniors 7.00pm - Mondays & 6.30pm - Wednesdays

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FIRST LESSON QUESTIONNAIRE:		
Thank you for taking an interest in this TAGB Tae Kwon-Do School.  Before you take part in any lesson you <b>MUST</b> complete this basic questionnaire <b>FULLY</b> and hand in to the school instructor at your first FREE lesson.		
Students Full Name		
Full Address including postcode		
Telephone Number		
Email Address		
How did you hear about TAGB Tae Kwon-Do?	. A .	G.B.
Have you done any martial art training before? If yes please give details	TERN	ATIONAL DO
Is there any known medical reason why you should not take part in a Tae Kwon-Do lesson?		
Do you suffer from any of the following? HEART DISORDER / ASTHMA / MIGRAINE / EPILEPSY / DIABETES / NERVOUS DISORDER / HAEMOPHILIA / HAY FEVER / Any others		
If YES please give details:		
Signed		Date of first FREE lesson
Parents to sign if student under 16	vears of age	

## FREE TRAINING VOUCHER